

Care of Patients with Cardiovascular Disorders

Contact Hours: 6.75 CE



Introduction

Cardiovascular disease continues to be a number one cause of morbidity and mortality in the United States. Patients in the acute care setting frequently present with an acute cardiovascular disorder or it is one of their other diagnoses. This interactive day is designed to review multiple aspects of assessment, pathophysiology, laboratory and diagnostic findings, pharmacology, management, and outcome monitoring in these patients. Case studies will be used throughout the day to promote correlation of data and critical thinking. The following conditions will be covered:

- Coronary artery disease
- Types of angina
- Acute myocardial infarction
- Pericarditis
- Pericardial tamponade and effusion
- Bacterial endocarditis
- Valvular heart disease
- Advanced heart failure
- Pulmonary edema
- Cardiomyopathy
- Peripheral arterial disease
- Venous insufficiency
- Deep vein thrombosis
- Arterial aneurysms

Objectives

1. Verbalize the various assessment parameters specific to patients with cardiovascular disorders.
2. Differentiate between the pharmacologic action and uses of the various classifications of medications used to treat patients with cardiovascular disorders.
3. Relate the pathophysiology of select disorders of the heart structure to the clinical manifestations, lab and diagnostic abnormalities, nursing and medical management, and outcome assessment.
4. Correlate the pathophysiology, clinical manifestations, and management approaches in various disorders of the vascular system.

**Recent seminar participants had this to say about
“Care of Patients with Cardiovascular Disorders”:**



“I especially enjoyed the section on the acute MI patients. Assessment and treatment were especially well covered. Although it has been a while since I had a 12-lead ECG class, this was a good review.”

“Instructor has a wonderful knowledge of this subject and could really break it down so I can apply it to my patients.”

“I really enjoyed the review on pharmacology. The cardiac drugs always seemed difficult in the past, but you really helped make them simpler to understand.”

“This was such a thorough review of many conditions! Thank you for a day full of knowledge!”

“I have gained so much knowledge that will help me provide better care to my cardiac patients. Although I have been practicing for many years, I didn’t realize some of the assessments I was missing! Thanks for the thorough review!”

“This session really brought everything together in dealing with cardiac patients. I work a general med-surg unit and have always shied away from the cardiac patients because of my lack of comfort in caring for them. This has helped so much and will make me more comfortable in the future.”



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